

THE BUILDER

A PUBLICATION OF FIRST LUTHERAN CHURCH

According to the Grace of God given to me, like a skilled master builder I laid a foundation, and someone else is building on it. Each builder must choose with care how to build on it. No one can lay any foundation other than the one that has been laid; that foundation is Jesus Christ. - 1 Cor. 3:10-11

Summer Worship Schedule

Sundays in July & August
 8:30 a.m. - Sanctuary
 10:00 a.m. - Leif Erikson Park
 In inclement weather, the 10:00 service will be held in the sanctuary.



National Night Out
 Tues., August 1
 6-8 p.m. at
 First Lutheran
 Church

INSIDE

From the Pastor	1
Vision Council	2, 13
Youth & Family	3-5
Worship & Music	6-7
First News/FLCW	7
Stewardship	8-9
Relating	10
Library News	10
Local & Global	11-13
Leadership	14
August 2017 Calendar	15
FLC Staff	16

Designing a Third Service... Help?

When I was in Paris two years ago, I noticed how everyone was quiet in the subway. If they talked to their companions, it was in a very quiet, subdued voice. Coming from Philly and NYC, the difference was stunning. When I returned home and got on the train from the airport to home, I wanted to stand up in the aisle and yell, "BE QUIET!" Don't get me wrong – there is something I love about our loud, brash, expressive American culture. I, also, recognize that it needs to be balanced by silence.

My last year serving in Wilmington, Delaware, I had two experiences that added to this sense of things. One day as the church admin left for the day, she found two women in front of the church building who asked, "Can we just come inside and sit?" They were looking for a quiet place in a neighborhood filled with bars and restaurants and . . . noise. Another day, I was sitting in my office and could see a young man trying to get into the building. (Unfortunately, east coast churches are often locked). When I opened the door for him, he said he was looking for a place to pray.

The worship team is currently calling different people to ask some questions about a third service. One of those questions circles around this idea of silence. I enjoy both our organ-based and our band-based Sunday services, but

sometimes I think in our noisy, busy, overwhelming lives, it might be nice to offer a service filled with a lot of silence.



As if reading my mind, Diane Skomars sent me a Huffington Post article on silence that included these quotes:

Silence seems to have the opposite effect on the brain to noise. While noise may cause stress and tension, silence releases tension in the brain and body. A study published in the journal Heart discovered that two minutes of silence can prove to be even more relaxing than listening to "relaxing" music.

Scientists discovered that when the mice were exposed to two hours of silence per day they developed new cells in the hippocampus. The hippocampus is a region of the brain associated with memory, emotion and learning.

I may be simply projecting my own need/desire on First Lutheran, but I'm wondering, "What do you think?" There is this wonderful line from Melville: *All profound things and emotions of things are preceded and attended by silence.*

What could be more profound than God?

Pastor Dianne
 Pastor Dianne

WORSHIP HIGHLIGHTS

Special Celebrations at Worship In the Park

- Sunday, August 6 - Lise Lunge Larsen will share her gift of storytelling with the story of **The Quiltmaker's Gift**, a tale about a generous quilter that makes a quilt for a greedy king. Her quilt is only one of the gifts that he receives.
- Sunday, August 13 - Pet Blessing. Our pets are important members of our families! Bring your fins, feathers, fur balls, and four-leggeds to worship for a special blessing of thanksgiving for these companions in our lives.
FLC staff are currently in negotiations with Juju's agent for her appearance at this popular event.
- Sunday, August 27 - Send Off & Welcome for College Students. Welcome new and returning college students and send off and/or pray for those heading off. As the academic year begins, join us in supporting the many students that will make Duluth their home for the next 8 months, to surround them with the support of God and this faith community.



The Builder is organized using the Ministry Teams as a guide to share news. The following symbols may be used to show what team is represented as we share the mission of Growing in Faith, Spreading God's Love, and Gathering in Community.

 Evangelism

 Local & Global

 Lifelong Learning

 Stewardship

 Worship

FROM VISION COUNCIL

Living Your Faith

from Diana Ream, Ministry Board Chair



I am one of those people that is “deathly” afraid of public speaking (I am more of the behind the scene kind of person and not fond of being in the spotlight sort). I not only get very nervous, but I tend to giggle uncontrollably. So when I said I would be an Assisting Minister, I knew not only was I so far out of my comfort zone, but that I would be putting all of my trust into God, knowing that he would be with me the entire time. I am of the belief that God will never give you more than you can handle and will be right there to help you carry the load.

So one morning after listening to one of Pr. Dianne's sermons and her talking about what it felt like after stepping outside of her comfort zone, I thought and prayed about it. After saying yes to being an Assisting Minister, Pr. Dianne and Jason both walked me through the service (there was also going to be a baptism that Sunday). On Sunday morning I prayed on my way to church. Once I was in the sacristy and putting on the robe, I had this sense of calming and said to God, “I know you have me”. Being the Assisting Minister was truly one of the most meaningful and rewarding experiences of my life. I was able to participate in worship in a way I never thought I could. I am actually looking forward to the next time that I serve as the Assisting Minister.

So when someone asks you to step outside your comfort zone, whether it is to assist in Worship (Assisting Minister, Reader, Communion Server) or to be on a Ministry or Action Team, stop and think: What is God calling me to do? How can I live my Faith? You will be amazed at what you are able to do.

faithlovecommunity

First Lutheran Church

- Growing in Faith
- Spreading God's Love
- Gathering in Community

YOUTH & FAMILY

Learn to Dragon Boat

The 7th-12th graders are invited to take on the dragons in the lake (Dragon boats, that is. No worries about having to wear your flame-retardant clothes!) Learn how to paddle one of these boats and have some fun with others from church! Megan Kress, who has been coaching the sport for 17 years, invites us to an evening of personalized instruction and fun on the water Wed., August 9 from 6:00-7:15 at Barker's Island in Superior. There are only 20 seats available so don't wait to sign-up. Send Deb an email: debflcduluth@gmail.com or text her: [218.213.5170](tel:218.213.5170) to reserve your spot. (Adults, if you're Interested, please contact Deb and you'll be put on a waitlist to fill in spots if there are any available)



Save the Date: Confirmation Sunday on Sunday, October 29.

Wednesday Night Journey

...is just around the corner! Journey is about helping to equip youth, parents, and families on their faith journey with an understanding of what it is to be a Christian through a Lutheran lens. It's also about deepening relationships with family, peers, the congregation, and Christ. **The kick-off will be on Wed., September 13.** There will be a special evening of fun, food, fellowship, and ending the evening with a family worship service. Look for more details in your inbox and mailbox soon!



- **3rd-6th Grade Parent/Youth meeting – Wed., September 13** during the Kickoff.
- **7th-10th Grade Parent/Youth meeting – Wed., August 23 at 6:00 p.m. in Youth Room.** (Youth have an opportunity to volunteer at Second Harvest Food Bank and hang out at church from 12:30-6:00. Following the 7th -10th Parent meeting there will be a meeting at 6:30 for the Synod Journey to the ELCA Youth Gathering.)



Opportunity to Serve at the Food Bank

Second Harvest Food Bank needs our help. The produce season is ramping up and they need help to repackage fruits and veggies to be distributed to families in the Northland. On Wed., August 23 meet at FLC at 12:30. We'll pack food at the Food Bank from 1:00-3:00 p.m. and then head back to FLC to hang out (pizza will be available) until 6:00 p.m. Open to 7th-12th graders. Let Deb know if you're attending so a release form can be sent to you.



Cinnamon Roll Sundays

We're mixing up the Cinnamon Roll tradition, but no worries, there will still be delicious cinnamon rolls each month! They will just now be on the 3rd Sunday of the month.

Families, Cinnamon Roll Sundays happen with your help! There are 3 ways to help out:

1. On the Saturday before Cinnamon Roll Sunday, there's a need for a family or two to prep the rolls. The rolls are pre-made, frozen "pucks". You simply place them on the pans and make up some caramel sauce. The whole thing takes about 60-90 minutes.
2. Then on Sundays, help is needed starting at 8:00 a.m. to bake the rolls and plate them for sale.
3. 6th-8th grade Sunday School students (and others who would like to earn money for camp, summer trips, etc.) help sell rolls between services.

Please contact Deb to let her know how you'd like to help! The first Cinnamon Roll Sunday will be on September 17.



6th-8th Grade Youth Group

On Sunday mornings starting in September meet up in the Youth Room for a time of games, snacks, hanging out, and digging into God's Word. This year we are going to do something called Peer Ministry Training. It's all about being a Good Samaritan kind of leader, where someone cares, welcomes, and affirms others face-to-face, one-on-one, friend-to-friend. Peer Ministry Training gives you tools to be this type of leader and friend at church, on your team, in the choir, in scouts, working a job, hanging out with friends, spending time with your family, doing all the great things you do!

Typically the schedule will be

- 1st Sunday: GIFT in Parish Hall (6th-8th Graders will be providing some leadership to these mornings)
- 2nd, 4th, and 5th Sundays: Meet in Youth Room
- 3rd Sunday: Sell Cinnamon Rolls

Here's September's Schedule:

Sept 10 – GIFT Sunday in the Parish Hall

Sept 17 – Cinnamon Roll Sunday (meet in kitchen)

Sept 24 – Meet in Youth Room + Acolyte Training

YOUTH & FAMILY

Middle School Adventure

For those going into 6th-8th grade, you're invited to head to the Twin Cities for an overnight adventure August 15-16. Head to Feed My Starving Children to pack food, jump around at Sky Zone, plus more! **Sign up by July 30.** Registration forms will be emailed out to families and also available on the kiosk in the Gathering Space. Total cost is \$80 (includes lodging, admissions, food, and transportation).

Synod Journey to the ELCA Youth Gathering If you're going into 9th-12th grade, you're going to want to be a part of this!

June 23 - July 2, 2018 will be the Northeastern Minnesota Synod Journey to the ELCA Youth Gathering in Houston, Texas. Every three years, 30,000 high school youth and their adult leaders gather for a week of faith formation known as the ELCA Youth Gathering.

The first part of the trip includes traveling with others from Northeastern Minnesota to Galveston, Texas for a time of service learning. Then after a few days the group will move on to Houston to attend the Gathering. Through days spent in interactive learning, worship, Bible study, service, and fellowship, young people grow in faith and are challenged and inspired to live their faith in their daily lives.

While Summer of 2018 may seem far away, registration for this event will happen in the Fall of 2017.

A **Youth and Parent Information Session** will be held on **August 23 at 6:30 p.m.** in the Youth Room. If you have questions, please contact Deb Westerberg.

This is one of those trips with a firm deadline – there won't be an opportunity to decide later that you'd like to go, so don't miss out!

The Synod Journey to the ELCA Youth Gathering Info Packet is now on the FLC Youth & Family Ministry website (www.flcduluthyouth.weebly.com).



CHUM Backpack Project

First Lutheran is happy to again support the annual CHUM drive for school supplies. Last year nearly 600 backpacks filled with supplies were distributed to children in need at the Duluth School District "Back to School Fair" in August.



During Day Camp, the last week in July, the children kicked off the drive with generous donations and now invite the whole congregation to participate.

How can you help? As you shop for school supplies, could you pick up a few extra items that are on the list below?

Please bring your donations to church before August 23.

Items most needed:

- Backpacks
- Colored Pencils
- Box of Crayons (24 count)
- Pocket Folders (non-clasp)
- Other supply items include wide and college ruled notebooks and college ruled loose leaf paper.

Financial contributions allow CHUM to purchase items at discount. Checks can be made out to FLC with CHUM Backpacks in the memo. Or you can go to www.chumduluth.org and click on the backpack to purchase the supplies directly.

THANK YOU!



Church 2 Go

As you travel to the cabin, go camping, head to out of town games, or on vacation this summer, there may be some Sundays you're gone from church. Take your faith with you on the road with Church 2 Go!



There are various "Take Out Boxes" filled with different ways to stay connected with God and your family during your summer adventures. They are available in the Gathering Space... check them out!



YOUTH & FAMILY

September 10: Mark Your Calendar for Rally Sunday and the G.I.F.T. Kickoff!

A great year of faith formation is being planned beginning with Rally Sunday and G.I.F.T. kick-off on September 10. All are welcome to this opening event.

Moving forward, there will be Sunday School classes ages 2 through 8th grade. Families are welcomed and encouraged to be involved. Registration forms and information will be available mid-August; watch for mailings and more news online and in the September issue of *The Builder*!

Our “Growing in Faith Together” (G.I.F.T) theme this year is in conjunction with the upcoming National Youth Gathering: *This Changes Everything!* This intergenerational learning and fellowship opportunity will be held once a month (generally the 1st Sunday). Adult Bible studies, forums on a variety of topics, and small group gatherings will also begin in September. Contact the church office if you want to be involved!



Passing on the faith to our children: Will you serve in this important ministry?

Teachers, song leaders, piano players, workshop leaders, special events and GIFT – it takes many loving hands and hearts each Sunday morning! There are numerous opportunities to help, with varied and flexible time commitments. We work together to share our time and talents and the more people involved the better! Do you like to organize crafts? Assist with one-time events? Develop creative projects? Lead or help with service projects? It is not only teaching; many gifts are needed and welcomed!

Programs are offered in five different age groups:

- 2 & 3 year olds with their parents,
- 4 & 5 year olds,
- 1st -5th Grade Faith Quest, and
- 6th -8th Graders.

Whether you love being around the very youngest children as they begin to learn about the love of Jesus, enjoy the energy and curiosity of elementary age kids, or the growing intellect of middle-schoolers, there is a need and a place for you! To learn more, contact Ann Beck at 728-3668, or annbeck@flcduluth.org.



FLC youth enjoyed a time at Camp Vermilion in July. Pictured (left): Zack and Ben. Pictured (below): Annika & Bea.



Save the Dates in September:

- Sept. 6 : All-Sunday School Leaders Gathering
- Sept. 10: Rally Sunday/G.I.F.T. Opening
- Sept. 13: Journey Kick-Off (3rd -10th graders and families)
- Sept. 17: 3rd Graders receive Bibles during worship
- Sept. 24: Acolyte training during Sunday School



Jackson Churchill, FLC member, is on the staff at Camp Hiawatha this summer. He is pictured here with Tyler and Luke.

WORSHIP & MUSIC MINISTRY

Worship Notes

Live Radio Broadcast: KDAL AM 610, 8:30 a.m. Sundays
Live Streaming of 8:30 service, go to www.flcduluth.org.
Or go directly to www.kdal610.org.

Summer Worship Schedule

Summer Sermon Series on unfamiliar stories in the Bible

Sun., August 6 8:30 & 10:00 a.m.

Readings: Isa. 55:1-5; Ps. 145:8-9, 14-21;
Rom. 9:1-5; Matt. 14:13-21

Sun., August 13 8:30 & 10:00 a.m.

Readings: 1 Kings 19:9-18; Ps. 85:8-13;
Rom. 10:5-15; Matt. 14:22-33

Sun., August 20 8:30 & 10:00 a.m.

Readings: Isa. 56:1, 6-8; Ps. 67;
Rom. 11:1-21, 29-32; Matt. 15:10-28

Sun., August 27 8:30 & 10:00 a.m.

Readings: Isa. 51:1-6; Ps. 138; Rom. 12:1-8;
Matt. 15:13-20

First Lutheran to Host August 11 Organ Recital

The Organ Historical Society's annual convention will be held in the Twin Cities area; however, attendees will spend Fri., August 11, in Duluth visiting pipe organs of interest. Three recitals featuring renowned performers will be open to the public.

★ First Lutheran Church: 11:35 a.m. recital by Isabelle Demers and Jillian Gardner (Baylor University TX), featuring both Opus 1 (1980) and Opus 52 (2011) Jaeckel organs. Open to the public at no charge.

★ St. Mary Star of the Sea Catholic Church (325 E 3rd St): 3:15 p.m. recital by David Tryggestad (Duluth) on the 1906 Lyon & Healy organ. Open to the public at no charge.

★ Sacred Heart Music Center (201 W 4th St): 4:25 p.m. recital by Bruce Bengtson (Luther Memorial Church, Madison WI) on the recently restored 1897 Felgemaker Organ. Tickets will be available at the door for \$15/person. This recital will feature Bill Beckstrand's composition for organ and the Oshkii Giizhik Singers, led by Liz Jaakola.

"Organs in Revue" Summer Recital Series

First Lutheran's music director, Jason Branham, and associate, Karen Sande, will be performing in the Hibbing area organ recital series. Recitals are held on Wednesdays, begin at 12:00 noon and run approximately ½ hour. Donations are accepted for the Claribel Hamilton Organ Scholarship Fund. Lunch follows most recitals for \$7.

August 2 – Karen Sande, with guest musicians Patricia Dorn, soprano; Kristin Sande, violin; Byron Klimek, cello; and Ashley Lenich, flute. Our Savior's Lutheran Church, 501 E 23rd St., Hibbing.

August 9 – Jason Branham. Faith United Lutheran Church, 8964 Highway 37, Iron.

Worship in the Park hits the News!

Worship in the Park on July 2 was met with beautiful weather and media coverage! Elly Powers, editor of the Duluth News Tribune's new neighborhood publication, The Eastern Observer, spent time at the service snapping pictures and interviewing attendees about their experience at Leif Erikson Park. The weekly publication, available Thursdays at various retail outlets, featured the service in a full page spread complete with full color photos.



Powers interviewed Vision Council President, Teresa Zupancich, who said that attending worship outside was, "...more meaningful because you're surrounded by what God has created."

The reporter did not miss out on a summer worship staple, a golf cart ride with Bob Johnson. Johnson gave

Powers a historical perspective of First Lutheran and specifically, the origins of Worship in the Park. It's likely that Powers acquired a few pieces of hard candy while catching a ride.

The Eastern Observer does not print its stories online. Stop by the church offices to read a copy of the article. Photo courtesy of Eastern Observer.

WORSHIP...



Trevor happily greets Nick Shilman at an outdoor worship service in July. Photo courtesy of Eastern Observer.

FLCW NEWS

It's coming! Mark you calendar! Get involved!
The Scandinavian Food & Craft Festival
Sat., October 28, 2017



Would you like to do something to help someone in need? Then get involved with the Festival! This all-church event raises money to help First Lutheran's youth, missionaries, and many local organizations. Your help can make a difference!

Now is the time to think of what you can contribute and how you can be involved. Do you make items from wood, paint, bake, knit, create pottery, stamp cards, make jewelry, sew, make lefse, write books, or make jams and jellies, etc? Do you have books, puzzles or games you no longer use (contribute those after October 1). Used jewelry can be donated any time (bring to the church office).

Information about group activities will be available in September. Get involved. You'll meet new people and have fun doing something for someone else.

Questions, suggestions, and new ideas are appreciated. Contact Margaret Broderius (728-6101) or Beryl Bredeson (728-2031).

NEWS OF THE FIRST FAMILY



A Loss in the Family

Please keep these families in your prayers as they mourn the loss of their loved one:

The family of Mary Streufert on the death of her mother, Win Latimer.

The family of June Ness.

The family of Edna Leslie.

The family of Ann Beck on the death of her aunt Naomi Engel.

The family of Eileen Aronson.



Baptisms

7/16/2017 Bella Rose & Liam William
Daughter and son of Dan & Tracy Huffman



Teresa Zupancich and Deb Westerberg each created a quilt for a WELCA quilt challenge. The quilts had to be black and white + one color and reflect the theme "all anew". The quilts were part of the display during the recent WELCA Triennial Gathering in Minneapolis. Teresa's quilt - lower left; Deb's quilt - upper right.

STEWARDSHIP

It All Belongs to God from the Stewardship Team



Who knows what happens to the king in the children's book: *The Quiltmaker's Gift* by Jeff Brumbeau? How many of us struggle with the stuff in our lives and wanting more? How many of us have trouble giving things away? How many of us would love to be freed up to be more generous in and with our lives? How many of us struggle with acknowledging and living the truth of our stewardship theme: It All Belongs to God? If you answered, "We do," come hear what happens to the king in our story telling sermon offered by Lise Lunge Larsen on Sun., August 6! Come hear what transforms the king!

June 2017 Memorials & Gifts

Gifts to World Hunger in memory of Martha Loufman by John & Eleanor Collins, Gudrun & Egil Hoivik.



Gift to FLC Foundation in memory of Ivah Sundquist by Bob Nesheim & Marlys Johnson.

Gifts to Music Ministry in memory of Margaret Ahlberg by Pam Porisch.

Gifts to Time for Renewal in memory of Roger Hill by Gail Tate.

Gifts to Memorial Fund in memory of Ivah Sundquist by Lois Reich, Jim & Mary Zastrow; **in memory of Roger Hill** by Clifford & Mickey Wiklund, Don & Laviere Johnson; **in memory of Martha Loufman** by Bob & Candy Madich, Mavis Keller, Jim & Mary Zastrow.

Gifts to Sunday School in honor of Ron Carlson, Sarah Climis, Suzanne Rauvola for their service on the Vision Council from the Vision Council.

Celebrate the Night Sky Week September 17-23

The Twin Ports and Lake Superior region is having a celebration of stars! "Celebrate the Night Sky" is a week of activities and events, including a presentation of the SKYGLOW Project, neighborhood star parties, and a seminar of national experts in lighting.

Organized by Starry Skies of Lake Superior, the celebration runs from September 17-23 with events held at a number of venues in the area. The celebration is meant to raise awareness of reducing light pollution.

Information packets are available at the Welcome Desk.

Fall Yogadevotion classes begin September 11 at 5:30 p.m. at First Lutheran

Yogadevotion is a practice of breath, prayer and movement led by a trained yoga instructor. Yogadevotion helps to encourage healthy living and a peaceful presence. Whether you are just beginning to explore the benefits of yoga or an experienced yogi, you are welcomed to this community.

Cost for this 8 week session (ending Oct. 30) will be **\$64. Registration deadline for this session is Wed., September 6.** (Ten people are needed, signed up, by this date to proceed with the session.) Contact Stacie Curnow, volunteer Yogadevotion Coordinator, at sak903@gmail.com to register for classes or with questions. As with everything, personal invitation is the best promotion, please invite your friends!

Class Description

Yogadevotion LLC classes begin in the breath, centering ourselves in the Presence of God...setting aside all that distracts us from the relationship God intends for us. Our devotional time is at the beginning of the class, opening with scripture that speaks to a practice of faith, during the breath work. Reflections on the scripture are written by Pastor Cindy Senarighi, ordained pastor in the ELCA. The body of the class is a combination of standing poses, balance poses and floor poses. Music is used in the classes as well as silence to intentionally listen for God's voice. The classes close with restorative yoga, a practice of calm alertness that allows a time of reflection and thanksgiving for God's Presence in our lives. The faith based language you will hear in class is familiar, the benediction, invocation and prayer that closes the class. This class is for all levels as Yogadevotion LLC teaches that the primary teacher is your own body and that voice is the important one. Modifications are offered for all poses.

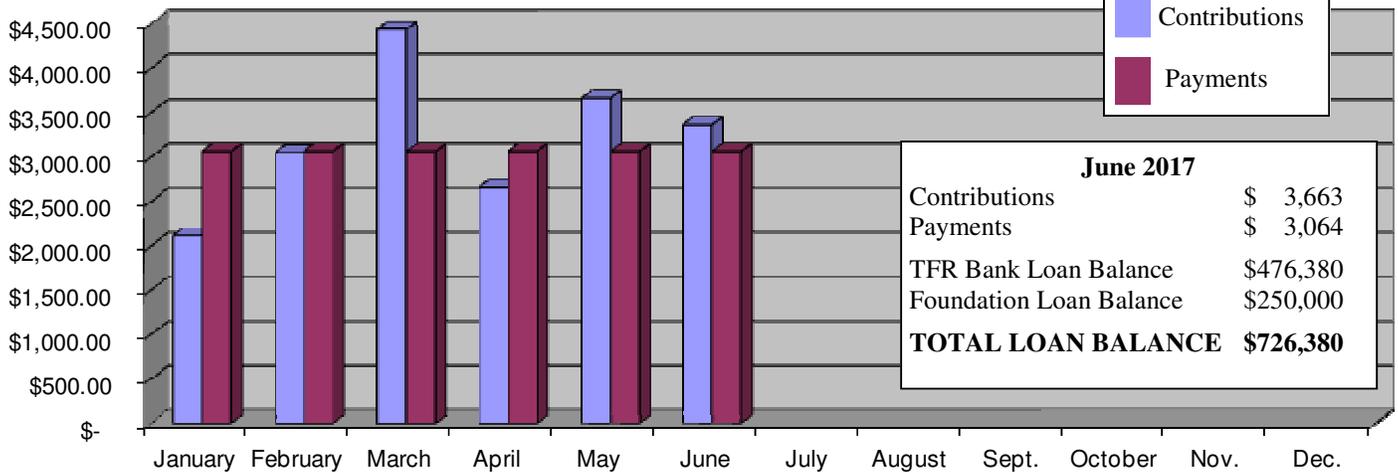
FLC/LSS Financial Counseling Wed., August 2



If you know someone who could use a little help getting control of their budget, consider Lutheran Social Service Financial Counseling Services. You can schedule an appointment held right at First Lutheran Church on the date of **Wed., August 2.** Or you can schedule appointments anytime at the Lutheran Social Service offices in the Ordean Building in downtown Duluth. Call 218-529-2220.

STEWARDSHIP

TFR Mortgage Information 2017



Please remember TFR (Time for Renewal) in your giving.

2017 Mission Plan Update

	June				Annual Mission Plan	2016
	Mission Plan	Actual	Year to Date Mission Plan	Year to Date Actual		Year to Date Actual
Ministry & Mission gifts	\$53,387	\$63,002	\$361,516	\$351,884	\$759,979	\$359,953
Plus Other Income	3,117	1,644	31,089	29,717	58,000	25,436
Total Income	56,504	64,646	392,605	381,601	817,979	385,389
Less Expenses	69,101	64,965	407,176	396,748	823,233	396,931
Cash surplus (Deficit)	-\$12,597	-\$319	-\$14,570	-\$15,147	-\$5,254	-\$11,542

Giving for the Ministries & Missions of FLC

Weekly offering through:

Sun., June 18	\$15,600
Sun., June 25	\$14,892
Sun., July 2	\$ 8,446
Sun., July 9	\$16,078
Sun., July 16	\$ 8,641

Worship Attendance

June 18	209
June 25	239
July 2	320
July 9	240
July 16	332

Hunger Offering

Amount donated to the Hunger Offering in June: \$804.72

Time for Renewal

(mortgage reduction)

*Thank you to all who have contributed.
Your generosity has been a blessing!*

**HELP is NEEDED to accomplish
future payment goals**

Please prayerfully consider contributing now or increasing your current giving to assist FLC in achieving our financial commitment.

GIVE BY ->

VISITING: www.flcduluth.org/stewardship
USING: your TFR offering envelop

RELATING

Julie Barnett, a FLC member, designed and created the mosaic piece pictured here. She has given this work of art to First Lutheran Church in memory of her father, Russell Tollefson. A dedication of the piece will be scheduled.



Topnotchers will not be meeting in August.



Day Campers were saluting the “captain of a ship” during a group activity.

LIFELONG LEARNING

News from the Library

Looking for a book to read during your vacation? Visit the library and check out the current display: **Books by Minnesota Authors** (several are FLC members).

FLC’s Library Computer Catalog

First Lutheran Church’s library computer catalog is available (24/7) on the internet from the library’s webpage. To access the library’s webpage, use any of your personal electronic devices (computer, iPad, smartphone, etc.) and do the following:

- Go to www.flcduluth.org
- Select “**Ministries**”
- Drop down and click “**Library**”
- This will bring up the library’s webpage
- Clicking “**Library Catalog**” will bring up the FLC library’s computer catalog



Self-Checkout

Check out your book at the computer/checkout desk by completing the book card found inside the back cover of the book and noting the due date on the card pocket. Leave the card in the plastic stand located on the desk.

Reserve Request

If you would like to reserve a book, please complete a reserve request form (located at the checkout desk) and leave it in the “Requests and Suggestions” box. You will be notified once the book is available and it will be held for you.



Promise Preschool

Openings Available

The staff provides a well balanced, play based experience for children 33 months to 5 years old. Three and four day morning Preschool and optional Breakfast and Lunch Bunch also available. Please contact Sarah Ching for more information.

♥ 728-3668 x214

♥ ppsdirector1@gmail.com

ELCA Young Adults in Global Mission Two young adults with connections to FLC will be serving with YAGM

The ELCA Young Adults in Global Mission (YAGM) program invites ELCA young adults, ages 21-29, into a transformative, year-long journey in international mission service. YAGM volunteers serve alongside global companions in churches, school, social service ministries, and health and development projects.

Volunteers must raise a minimum of \$5,000 of the \$15,000 cost for the one year they are serving. The cost includes training, retreats, roundtrip travel, room and board, a small monthly living allowance, and basic medical insurance.

Two young adults, Lauren Elwell (FLC member) and Lars Anderson (former member) have accepted the opportunity to serve as a Young Adult in Global Mission volunteer. They will be two of more than 85 young adults serving on behalf of the ELCA in 11 different country programs around the world.

Lauren Elwell, the daughter of Jim & Jody Elwell, will be serving in Madagascar for one year. Her family are members of FLC. She is a recent college graduate of Wittenberg University (an ELCA affiliated college in Ohio). She is excited about this opportunity to grow in her faith through the ELCA global community. To donate to Lauren Elwell's journey to Madagascar, please go to <http://support.elca.org/goto/LaurenGoestoMadagascar>.



Lars Anderson, son of Bryan and Rachelle Anderson, and former member of FLC, has accepted the opportunity to serve as a Young Adult in Global Mission volunteer for one year in the Holy Land. A celebration and send off for Lars will take place at Bulldog Pizza (Mt. Royal Shopping Center) on Sun.,

August 13 from 4-7 p.m. First Lutheran's Lee Hanson will be providing music. Bulldog's will be donating a percentage of every large pizza ordered, dine in or carry out, during that time. The proceeds will be given to the ELCA to help cover Lars' expenses while he is in the Holy Land. All are welcome! Lars will be leaving on August 15. He will be creating a blog once he is settled in Jerusalem, if you would like to follow his journey.

Group concludes meetings on Women and Justice

In April and May of this year a small group of First Lutheran Church members met over five weeks to discuss the topic requested by the ELCA Task Force on **Women and Justice: One in Christ**. The group found the study to be challenging, stimulating and enlightening. Topics ranged from sexism, equity, violence against women and girls, and the misuse of scriptures against women and girls.

Responding to the request from the task force, feedback has been sent encouraging the ELCA to move ahead with a statement and suggested they include what we can do as individuals and as churches. Some of these actions include:

- Seek to see and name what the realities are of gender-based violence.
- Work to create accountability in your community.
- Positively influence the lives of young people and peers

For more details of this study and social statements of the ELCA check out these resources:

- Faith, Sexism, Justice: Conversations toward a Social Statement – Two of these workbooks are available to check out of the FLC library.
- “Exploring ELCA Social Statements” – page 21 in the June 2017 issue of *Living Lutheran*.

Lutheran Social Service Seeks Host Homes

The Host Home Program is an opportunity for individuals, families, and congregations to accompany youth on their journey from homelessness to stability. LSS is seeking volunteer hosts to take part in this meaningful work. LSS staff carefully choose youth whom they feel are ready for this opportunity. If you'd like to learn more, please contact Jesse Falter at 218-626-2726 or Jesse.Falter@lssmn.org.

LOCAL & GLOBAL



The FLC Micah 6:8 Team invites you... to consider joining us in this class this fall.

A curriculum to build capacity for white people to be in solidarity with people

of color in the work of dismantling racism.

What: A facilitated six week small group experience with discussions, activities, short videos, and readings focused on understanding the system of whiteness and white privilege.

Facilitators are: Beth Holst of FLC & Doug Bowen-Bailey of Peace Church

When: Sunday evening sessions 5:30-7:00 (optional 5:00 pizza), October 8 - November 12.

Where: First Lutheran Church, 1100 E. Superior St., Adult Ed Room (second floor next to the nursery).

Cost: Suggested contribution is \$30 to pay for expenses such as pizza, childcare if needed, and a donation to an area racial justice organization.

Registration: Call Betty Preus 218-349-1939 or email her at bettypreus@gmail.com or Voula Heffernan 728-2854 or at vjheffernan@gmail.com.

The class is limited to 20 participants and is offered to people from FLC, Peace and Gloria Dei, so register soon if you know you want to attend!

Please plan to attend all of the sessions.

21st Annual Voyageurs Lutheran Ministry Golf Scramble—Camp at the Course!

Saturday, September 16 - Vermilion Fairways, Cook

Camp at the Course in 2017 includes: 18 holes of golf, catered dinner, drawing for a gas grill, connecting with camp friends, and experiencing a little bit of camp on the golf course!

Fee: \$60 per golfer. Not interested in golfing? For just \$20 join the "Gallery" for a relaxing day on the course, dinner, and entry into the drawing!



Registration and sponsorship information available at www.VLMcamps.org/golf-scramble.

First Lutheran Church Hosted 13th Successful Rhubarb Festival!

Over the past 13 years First Lutheran Church has hosted CHUM's Rhubarb Festival to raise funds for CHUM programs serving our hungry and homeless neighbors. I am so grateful for First Lutheran for continuing to host the Festival which has grown from a large bake sale netting \$4,000 to a community based festival **raising nearly \$70,000 this year**. It is due to the commitment to a mission of welcoming, justice and community involvement that the First Lutheran Community continues to make the

Rhubarb Festival

Rhubarb Festival a great community event each year.

Thank you to all of the members of First Lutheran, with special thank you to

Char Juntunen, Duane Sieger, Carl Guldner, and all of you who helped with the Festival before, during, and after!

You have truly been a blessing to all those served at CHUM. Thank you for your commitment and your hours of hard work!

Peace,
Mary Schmitz
CHUM Development Director

FLC Leading Worship at CHUM Church

Sun., August 13 - All are invited!
Peace Church, 1111 N. 11th Ave. E.

4:00 - Gathering Time

4:30 - Worship

A meal is served following the service.



One of the oldest CHUM (Churches United in Ministry) programs, CHUM Church was started in 1974 to provide spiritual growth and to nurture people with developmental disabilities, offering a home church and community that members could identify as their own. The monthly gatherings at Peace Church on the second Sunday of each month also include Christian education, a meal and fellowship that transcend traditional denominational boundaries. Each person is valued and treated with openness and acceptance, and their individual capabilities, strengths and personal goals are recognized, supported and affirmed.

LOCAL & GLOBAL

Visit to Friendship Congregation in Russia

from member Brooks Anderson

Five people, representing the Duluth Sister City Commission traveled to Petrozavodsk, Russia, the last week in June to celebrate the thirtieth anniversary of our sister city relationship. Part of this mission was to revitalize our sister city relationship and recapture its peace-making roots, especially now with U.S. and Russian tensions growing.

While there, two of us walked a few blocks from our hotel on Sunday to attend the Russian worship service at the Ingrian Lutheran Church (with whom First Lutheran Church has a Friendship Congregation Relationship). After the service I was invited to speak. I greeted them from First Lutheran Church and from members Paul and Carol Anderson (who have been facilitating First's interactions). I shared my opinion that our 25-year history has been an outstanding and vital relationship (especially the last 10 years). We hoped that it contributed to the start (and rebuilding) of their church. We were impressed with the pastor and his wife and with another young couple who showed us around their new church. With that kind of energetic, youthful leadership, the church should have a bright future.

Note: For information about FLC's relationship with the Ingrian Lutheran Church, see FLC's and NE MN Synod's web sites (<http://www.flcduluth.org/education/global-ministries/russia/>; <http://www.nemnsynod.org/vision-petrozavodsk.html>).

VISION COUNCIL

Vision Council meetings are open. You are welcome to see how your Vision Council works.

Vision Council Highlights - 7/6/2017

Devotion: Devotion from Called by God to Serve (Chapter 11) was led by the president. Discussed importance of focus on mission: Grow in **Faith**, Spread God's **Love**, Gather in **Community**.

Congregational Meeting draft minutes (6/11/2017) reviewed.

Ministry Board Report: Explored Leadership Training

Treasurer's Report: [See financial reports p. 9.] May Property Committee expenses were high due to a property insurance payment made this month.

Pastor's Report: Continuing Education opportunity in Gettysburg, PA, July 27-August 3. Discussed non-member wedding requests, faith community, counseling requirements in good faith.

Property Committee report: Obtained an analyses of the church roof condition. The sanctuary roof is in immediate need. Options are to repair the damage for \$13,000+ or replace the sanctuary roof for about \$75,000. The roof is 30 years old and will need replacement in the near future, even if limited repairs were done now. Council recommended that the Property Committee make plans to replace the sanctuary roof.

Old Business:

- Where the Holy Spirit is Calling Us update: Aaron Wedge met with a small group of people interested in planning outdoor activities. Many ideas were discussed in addition to the Steve O'Neil apartments children's field trip to Hartley. Meals for families with new babies are important and timely, as there are six church families currently expecting babies.
- Mission Planning with Pastor Dianne: Discussed what is needed to create community at FLC. Looked at Characteristics of Growing Congregations and of Declining Congregations. Council Fall Retreat suggested with focus on Becoming a Growing Congregation, welcoming guests when many relationships are well established among current members, and establishing/implementing priority: spreading of the Gospel.

New Business:

- Council members will each author an article for *The Builder* during the coming year instead of all being written by Council President, addressing: How are we living out the FLC mission?
- Requests received for financial support for young adults involved in YAGM (Young Adults in Global Mission). [See article on p. 11.]

Next Meeting: Thursday, August 3, 2017, 6:00 PM

GET CONNECTED

- Sign up for *FirstNews* weekly e-mail updates by sending a request to nancy@flcduluth.org.
- Sign up to receive a full color, digital issue of *The Builder* monthly newsletter via email by sending a request to nancy@flcduluth.org
- The website, flcduluth.org, is under construction. You can visit the old site while work is being done on a new version behind the scenes. If you can't find what you are looking for, call the church office (728-3668).
- Access the audio stream of the 8 a.m. service by navigating to KDAL610.com and click on "Listen Now" at the time of service.
- Looking for an audio archive? Call Megan at First Lutheran Church.
- Like and follow us on Facebook or Instagram for updates, promotions, and celebrations of our faith community!

Megan Kress
Communications Specialist

LEADERSHIP

Please feel free to contact us.

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KDAL AM Radio Broadcast

FLC Sunday Worship Service at 8:30 a.m.

First Lutheran Foundation invites and encourages members and friends of the congregation to sponsor a Sunday morning KDAL radio broadcast for \$100. The Foundation will match that gift with \$100 to cover the full cost of a broadcast (\$200). Call Nancy, 728-3668, to make arrangements.

Hospitalized? Death of a loved one?

If you or a family member is hospitalized or if there is a death in the family, please call the church office at 728-3668. Because of hospital policies, the church is not always informed when a member is in the hospital. For emergencies after hours, contact information is provided on the church answering system.

AUGUST 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<i>1</i> 4:45 p.m. Extreme Parenting-PH/LC 6-8 p.m. NATIONAL NIGHT OUT - Upper Parking Lot	<i>2</i> LSS Financial Counseling at FLC 10:30 FLC Staff-AED	<i>3</i> 7:00 Men's Disc-UC 5:30 Vision Council-AER	<i>4</i> 7:00 Sojourners I-CH 4:30 Wedding Rehearsal - S	<i>5</i> 10:00 AA-PH 4:00 Kilgore/Galle-From Wedding-S
<i>6</i> STORY TELLING at both services 8:30 Worship-S 10:00 Worship in the Park-Leif Erikson 3:00 Service at St. Ann's	<i>7</i> 1:00 Library Comm. 5:15 AA - PH	<i>8</i> 11:30 Finance-307 5:00 Stewardship-PH 5:30 Evang/Wel-PH 6:00 Lifelong Lmg-PH 7:15 Local/Global-UC 7:15 Worship-PH	<i>9</i> 10:30 FLC Staff-AED 6:00 Dragon Boating	<i>10</i> 7:00 Men's Disc-UC 2:00 OSL-CH 6:30 Gardeners	<i>11</i> 7:00 Sojourners I-CH 11:00 Organ Historical Society - S	<i>12</i> 10:00 AA-PH
<i>13</i> 8:30 Worship-S 10:00 Worship in the Park-Leif Erikson PET BLESSING CHUM Church Service 4:00-Gathering 4:30- Worship at Peace Church	<i>14</i> 5:15 AA - PH 6:00 HIV Support Grp-Rm 307 7:30 AGO - AER	<i>15</i> 4:45 Extreme Parenting-LC/PH 6:30 Ministry Bd-AER	<i>16</i> 10:30 FLC Staff-AED	<i>17</i> 7:00 Men's Disc-UC	<i>18</i> 7:00 Sojourners I-CH	<i>19</i> 10:00 AA-PH
<i>20</i> 8:30 Worship-S 9:30 Short Sleeve Sun 10:00 Worship in the Park-Leif Erikson	<i>21</i> 1:00 Library Comm. 5:15 AA - PH	<i>22</i> 6:30 Foundation-CF	<i>23</i> 10:30 FLC Staff-AED 6:30 2018 Youth Gathering Info Mtg-YR	<i>24</i> 7:00 Men's Disc-UC 6:30 Gardeners	<i>25</i> 7:00 Sojourners I-CH	<i>26</i> 10:00 AA-PH
<i>27</i> 8:30 Worship-S 10:00 Worship in the Park-Leif Erikson Welcome New & Returning College Students	<i>28</i> 5:15 AA - PH	<i>29</i>	<i>30</i> 10:30 FLC Staff-AED	<i>31</i> 7:00 Men's Disc-UC	<p>Short Sleeve Sunday! Blood pressure screenings are held the third Sunday of each month, from 9:30-10:30 a.m. in the Family Room (by Adult Ed Room). Next screening is Sun., August 20.</p> 	



Evangelical Lutheran Church in America

God's work. Our hands.

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Kitchen (218)

NOTE: No program staff available in the office on Mondays/day off.

WELCOMING STATEMENT

First Lutheran Church, dedicated to the mission of Jesus Christ, welcomes YOU into this community of faith, where we share life in its entirety, with all its joys and sorrows. We believe all people are created in the image of God and are offered God's love, grace and forgiveness, regardless of: religious tradition, age, gender, race, education, economic status, sexual orientation, family structure, mental or physical abilities. We extend a special welcome in Christ's love.

The Builder Schedule

- The following date is the deadline for submitting articles.
- Articles submitted after deadline will be published in the next issue. If possible, e-mail articles to: nancy@flcduluth.org.

Deadline date:
September 2017 issue: Tues. August 15, 2017

For more information about staff, programs and events at First Lutheran Church, please go to our website:

www.flcduluth.org



PLEASE RECYCLE